

Monday, March 2<sup>nd</sup>

- ▶ Discuss My Plate Powerpoint
- ▶ Video: My Plate The Newest Dietary Guidelines and discuss
- ▶ Begin reading All About MyPlate pgs. 126-139.
- ▶ Fill in your agenda with:
- ▶ My Plate Powerpoint
- ▶ Video: The Newest Dietary Guidelines
- ▶ Reading All About MyPlate

# Tuesday, March 3<sup>rd</sup>

- ▶ Today we will be going to the Lab (208) to work on My Plate Web quest (88 pts)
- ▶ Fill in agenda with:
- ▶ Begin My Plate Webquest

# Wednesday, March 4<sup>th</sup>

- ▶ Make sure you study for Nutrient test tomorrow
- ▶ Going to the lab to finish up My Plate Webquest today. Due Friday!
- ▶ **Fill in Agenda with:**
- ▶ Study for Nutrient Test tomorrow
- ▶ Complete My Plate Webquest

# Thursday, March 5<sup>th</sup>

- ▶ Turn in *My Plate Web* quest if completed
- ▶ Today you will be taking the Nutrients test
- ▶ Complete Nutrition word search when you are completed with your test.
- ▶ **Fill in your agenda with:**
  - ▶ My Plate Web quest
  - ▶ Nutrient test
  - ▶ Nutrition word search

# Friday, March 6<sup>th</sup>

- ▶ Half Day
- ▶ Homeroom activities today (Kindness)
- ▶ Fill in your agenda with:
  - ▶ Homeroom Activities